

Saaed

جمعية ساعد
للحد من الحوادث المرورية



SAEED Association
for Prevention of Traffic Crashes

الحد من
الحوادث

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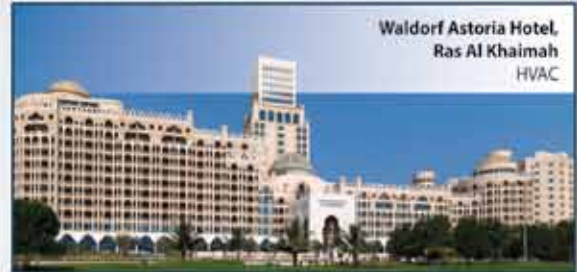
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Renewing Traffic awareness

Spreading awareness on traffic safety rules in the UAE and raising awareness amongst the public on how to avoid negative and wrong conduct while driving would prevent serious accidents, injuries and financial losses.

Being distracted by anything while driving such as using the phone, eating and drinking, tuning the radio, and even taking pictures in addition to other wrong behaviors could lead to traffic violations and obstructing traffic.

Such wrong behavior by the driver, whether driving alone or with the family, could put everyone in a bad situation. At first, such behaviors might look easy and safe, but in reality, they are hazardous and could lead to serious accidents because not focusing on the road for mere seconds could deviate the vehicle in a way that puts the driver, his passengers and road users all at risk.

Road users must be responsible and abide by the rules, traffic signs and the directions which the safety campaign "Avoid distractions while driving" calls for, in order to increase efficiency and respond to emergencies as fast as possible and eventually saving more lives. The title of the campaign did not come from a void; statistics issued by the Traffic Coordination at the Ministry of Interior report an increase in the number of accidents the main cause of which is being distracted by other things from the main purpose which is driving safely.

We always hold awareness campaigns through the social media (twitter, Facebook, YouTube and Instagram) along with other platforms and channels as well as the media. We also hold orientation seminars, events and take part in exhibitions to reach as many people as we can in order to inform them on the risks and dangers of being distracted whilst driving. We urge all drivers and road users to maintain conduct while driving and fully respect the rights of pedestrians.

Through this campaign and the beginning of the new year, we try to raise traffic awareness. We work hard to utilize our power and capabilities to make it a success and to achieve the desired goals, which would keep all road users safe and to respond to the directions of our wise leadership which would stop at nothing to reduce fatalities caused by traffic accidents.



Chairman of the Board of Directors
Brigadier Engineer

Hussain Ahmad Al Harthi

Saaed IN THIS ISSUE

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14

***“Let Safety
Lead You”
an exhibition
to spread
preventive
awareness***



18

***18 Motorcycle
Safety Tips
all Riders
Should Know***



22 ***25% drop in traffic
fatalities last year in
Abu Dhabi***

26 ***Seatbelt Defining line
between life and death***

28 ***Keeping children safe
from traffic accidents***

30 ***Pedestrian safety and
their right-of-way***

جمعية ساعد
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SAAED Association
for Prevention of Traffic Crashers

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'Hather'... Pedestrian First

When we talk about the "Innovation Month", we cannot but talk about the new smart radar system 'Hather' (Be Careful), which is being implemented by the Abu Dhabi Police. This new project comes within the strategy of the UAE in utilizing all capabilities to make it much safer for road users, whether drivers or pedestrians. This strategy is being worked on by the government of the UAE with all its national entities as well as the private sector which contributes towards applying it, which would, in turn, provide integration of all entities in the "Year of Tolerance" which is being materialized everyday through different and diverse initiatives.

This new smart radar system Hather, which serves traffic safety standards, will play a considerable role in the strategic goal of the Traffic Directorate, that is to make the roads of the country safer and more secure.

The new system depends on artificial intelligence. Each device contains two screens, one for oncoming vehicles and the other for pedestrians, as well as two cameras, one to scan license plates and one for visual recognition of people. The system also features a central processing unit that can monitor the pedestrian crossing and its surroundings.

Utilizing artificial intelligence, the new system will be implemented in the areas that has high traffic density.

Abu Dhabi Police, side by side with Saaed Society for Reducing Traffic Accidents, aim to reach targeted rates in traffic safety by providing services in delivering awareness messages to minimize traffic accidents.

Every day, Saaed Society sends its message through the radio and social media as well as different events and traffic exhibitions with the aim of realizing a free-accidents society.

Editor in Chief

Brigadier/ Jamal Salem Al Amrey



Congratulations to
**H.H. Sheikh
Khalifa Bin Zayed Al Nahyan**
President of United Arab Emirates
on the occasion of Accession Day



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عام التسامح ٢٠١٩

يتقدم فندق جميرا في أبراج الاتحاد بتقديم أسى آيات التهاني والتبريكات إلى
صاحب السمو الشيخ خليفة بن زايد آل نهيان، رئيس الدولة (حفظه الله ورضاه)
صاحب السمو الشيخ محمد بن راشد آل مكتوم، نائب رئيس الدولة ورئيس مجلس الوزراء
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Legal provisions of Traffic Safety

In the UAE, road injuries are one of the leading causes of death for children. Two out of every three fatally injured children die due to road traffic crashes. The Executive Regulations of Federal Law No. 9 for the year 2011 concerning Land Transport states that land transport activity may not be practiced before obtaining a license from the respective authority.

Ensuring safety and security

Traffic police and road and transport authorities across the UAE play a major role in ensuring safety and traffic regulations and use smart technology to minimize traffic violations.

The UAE applies Federal Traffic Law No. 21 of 1995, as amended by Federal Law No. 12 of 2007 and the related executive regulations and ministerial resolutions in all aspects concerning traffic controls and violations in UAE.

It is mandatory to adhere to the speed limits set on highways, internal streets, and residential areas.

The UAE has a zero-tolerance policy in place regarding driving under the influence of alcohol. This act is punishable by law.

Talking on cell phone while driving is prohibited, as it may distract the driver and lead to serious accidents.

Check vehicle tires pressure every period

RTA recommends that drivers check their car tires pressure every couple of weeks to avoid potential harm.

The UAE has a system of black points leading to confiscation of the driver's license is in force to ensure adherence to traffic laws.

The system is based on a number of fixed points. The driver who violates traffic rules gets black points according to a specified schedule. The number of black points corresponds with the seriousness of the violation and it is counted from the date of violation.

When a driver collects the maximum number of black points, his driving license is confiscated until all violations are paid for.

Modifications to the Traffic Law

The UAE's amended federal traffic law came into effect on 1 July 2017. Ministerial Resolution No.177 concerning the issuance and renewal of driving licenses, and the Ministerial Resolution No.178 concerning traffic control amended the executive regulations of the Federal Law No.21 of 1995 con-

cerning Traffic Rules, which was amended by the Federal Law No.12 of 2007 and the Ministerial Resolution No.127 of 2008.

The new regulations aim to further protect the lives of road users and reduce traffic casualties from about six per 100,000 people to 3 per 100,000 as per Vision 2021.

In addition, the government reviewed and reconsidered all the black points of traffic violations and added new ones. Some violations received more points after noticing how serious they are in regard to accidents and fatalities.

Ministerial Resolution No. 177 of 2017 amending the executive regulations of the Federal Law No.21 of 1995 regarding the traffic

Issuing and renewing a driver's license

Article No.85 of the new regulations states that there are five requirements that must be met in order to issue or renew a license:





- * The age requirement – according to the provisions of the law and its executive regulations.
- * The driver must be free of diseases that might hinder his ability to drive. This must be proved by a certificate from the competent health authorities in the country.
- * To pass the driving test of the Licensing Authority – according to the rules and procedures stipulated in the regulations.
- * For non-UAE nationals, must obtain a valid residence visa – except for GCC nationals.
- * Paying the fees.

The resolution sets stipulations for issuing and renewing drivers' licenses as the following:

For those who are 21 years of age and above

- * Initially, the driver's license is valid for 2 years for citizens, GCC nationals and other nationalities
- * After renewal, the driver's license is valid for

10 years for citizens and GCC nationals and for 5 years for other nationalities.

For those below 21 years of age

- * Initially, the driver's license (first time or renewal) is valid for one year for citizens, GCC nationals and other nationalities.

Ministerial Resolution No. 178 of 2017 regarding traffic control rules (Black points)

The resolution covers many safety and control aspects. Some of them are:

- Mandatory seat belts for all

- * All passengers in a car are required to wear seat belts including those sitting in the rear seat, failing which the driver of the vehicle will be fined AED 400 and slapped with four black points.
- * Children up to four years of age must be provided with a child safety seat. Violators will

be fined AED 400 and slapped with four black points.

- * The front seat passenger should also be at least 145 cm tall and not younger than 10 years old. Violators will be fined AED 400.

- Reckless driving

- * Reckless driving will incur a fine of AED 2,000, 23 black points and impounding of the vehicle for a period of 60 days.
- * The same punishment and fine will apply to drivers who endanger the lives of others.
- * Other violations cover: blocking traffic, jumping red signals, sudden swerving and driving without a number plate.

- Driving under the influence

Drivers caught under the influence of drugs and or alcohol will have their license suspended for one year, starting from the day of the verdict. Court will decide the fine and/or jail term.

- Traffic signals

Motorcycle riders and motorists who ignore traffic lights will be fined AED 1,000 and incur a penalty of 12 points and their vehicles will be seized for a month.

- Distractions

Using phones while driving or any other distractions will attract AED 400 fine and four black points.

Driver's behavior

Violations include:

- * throwing garbage / littering;
- * not leaving safe distance between vehicles;
- * overtaking on the hard shoulder;
- * crowding around accident sites;
- * using quad-bike on road;
- * jaywalking;

- * violating technical and safety issues;
- * failing to fasten seat belts;
- * using expired tires;
- * driving without insurance/car registration;
- * tinted glass of over than 50%;
- * driving noisy vehicle; and
- * transporting passengers illegally.

Speeding

Those exceeding the speed limit by 80 kmph will be fined AED 3,000, slapped with 23 black points and have their car impounded for 60 days.

For more information: Find list of traffic offences and violations as per the Ministerial Resolution No.178 of 2017 Find out more about speeding limits and fines according to new rules.

Road safety initiatives

In an attempt to prevent road accidents and reduce its impact on lives and properties, different government entities in the UAE have launched initiatives and awareness campaigns to lessen the impact of traffic fatalities. Some of these initiatives are:

Abu Dhabi strategic traffic safety plan

The Traffic and Patrols Directorate in Abu Dhabi has launched a road safety management plan, which aims at decreasing traffic accidents' fatalities to 3 per cent per 100,000 inhabitants by 2021.

According to the plan, there are various causes of traffic accidents, most of which are a result of the driver's behavior, the design of the road or the bad condition of the vehicle.

Such causes need treatment and cooperation amongst all the related parties including the police, Department of Transport, and municipalities, among others.

Measures to improve road safety encompass the framework frequently applied in accident prevention work, which contains four elements:

- * enforcement
- * education
- * engineering
- * emergency medical services.

For more information, refer to the following links from DoT of Abu Dhabi website: Transport Master Plans in Abu Dhabi

Road safety audit

With the aim of applying the highest safety standards on the main roads in the emirate, the DoT of Abu Dhabi introduced to the Department of Municipal Affairs and Transport a road safety audit to be completed for all new highway projects; this audit would cover the phases of design, construction and post-construction.

The purpose of the audit is to identify road safety problems and to suggest measures to eliminate or mitigate any concerns. A team of specialized safety engineers is in charge of this mission. They possess long experience and features that are stipulated in the “Procedures of Road Safety Audit”

Road safety awareness Road safety awareness is a program launched by DOT of Abu Dhabi, which focuses on drivers, riders and pedestrians.

Through this program, the DoT is aiming to educate children and adolescents as future road users and drivers, while focusing on sustainable awareness as a continuous education process.

The inclusion of traffic safety programs in school curriculums is a step towards instilling safe behavior in an early stage and to protect them in their future lives as well as to include their parents as an important role model for them.

Central traffic control system 'SCOOT'

'SCOOT' is a central traffic control system installed with sensors counting the volume of vehicles at signals to improve traffic flow at main junctions. The sensors will detect the

flow, the number of cars on each approach and the cruise speed or the average speed towards a traffic signal. This new adaptive traffic control system was applied in both Abu Dhabi and Dubai.

The new central traffic system will provide data and technical information on the movement of traffic so to be studied by specialists. They will monitor the services, propose necessary modification to the road network, whereas the acquired information will be used to alert road users about traffic jams.

Speed management strategy of the emirate of Abu Dhabi DoT of Abu Dhabi launched the speed management strategy of the emirate of Abu Dhabi (PDF, 150 KB) with the objectives of:

- * reducing road crash fatalities and injuries in the emirate of Abu Dhabi
- * facilitating the safe and efficient movement of people whilst protecting and enhancing quality of life.

The strategy covers six major components:

- * assessing the speeding problem
- * engineering
- * laws/legislation
- * education and awareness
- * enforcement
- * stakeholder coordination.

The Official Portal of the UAE Government

Image inspired by reality



Enhance security and safety system in the U.A.E.

«Sudden change during the course of the vehicle stopped at traffic lights lead to blocking traffic and posing a risk to the driver and road users»

«Security Media Lens»

“Let Safety Lead You”

an exhibition to spread preventive awareness



Organized by Emirates Transport in collaboration with Abu Dhabi Police, the “Let Safety Lead You” exhibition kicked off at Dalma Mall from 3 – 7 March 2019. The exhibition aims at raising awareness amongst the members of the community on road and traffic safety.





During the inauguration ceremony, Brigadier Khalifa Mohammed Al Khaili, Director of the Traffic and Patrols at the Abu Dhabi Police's Central Operations Department, emphasized on the importance of the exhibition in spreading awareness on traffic safety, praising the engagement of the community with Emirates Transport to provide the highest standards of safe and secure transportation for students. He pointed to the efforts exerted in spreading traffic culture and urged drivers and the whole community to adhere to traffic laws and to stop completely when school buses raise the stop sign.

For his part, Mr. Waleed Al Muhairi; Executive Director of the Transport and leasing Division at Emirates Transport for Abu Dhabi, Al-Ain

and Al-Dhafrah regions, said that the exhibition comes within the Occupational Health and Safety Campaign, which is being held this year, and to provide a comprehensive system of services, especially in school transportation sector. He pointed out that Emirates Transports takes 180,000 students to their schools in the emirate of Abu Dhabi alone using 3,000 school buses.

The exhibition includes a number of interactive platforms to spread traffic culture, public safety, fire prevention and dangers of drug addiction.

In addition to the Department of Health and Emirates Transport, a number of departments from the Central Operations Sector at Abu Dha-



bi Police took part in the exhibition including: Traffic and Patrols Directorate, Emergency and Public Safety Directorate, and Crisis and Disaster Management Department. Drug Enforcement Directorate from the Criminal Security Sector also took part in the exhibition along the Executive Committee for Reading; the Law Respect Culture Bureau at the Ministry of Interior; Saaed

Society to Reduce Traffic Accidents; Al Danah School; and Emirates Driving Company.

In concluding the inauguration ceremony, Brig. Al Khaili and Waleed Al Muhairi awarded 10 distinguished school bus drivers in celebrating their excellence and commitment to secure and safe transportation standards. Strategic partners of Emirates Transport were honored as well.



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We Would like to extend our heartfelt
congratulations to

H.H. Sheikh

Mohammed Bin Rashid Al Maktoum

Vice President UAE Prime Minister and Ruler of Dubai

On the 13th occasion of Accession Day

We Wish His Highness Progress and Success

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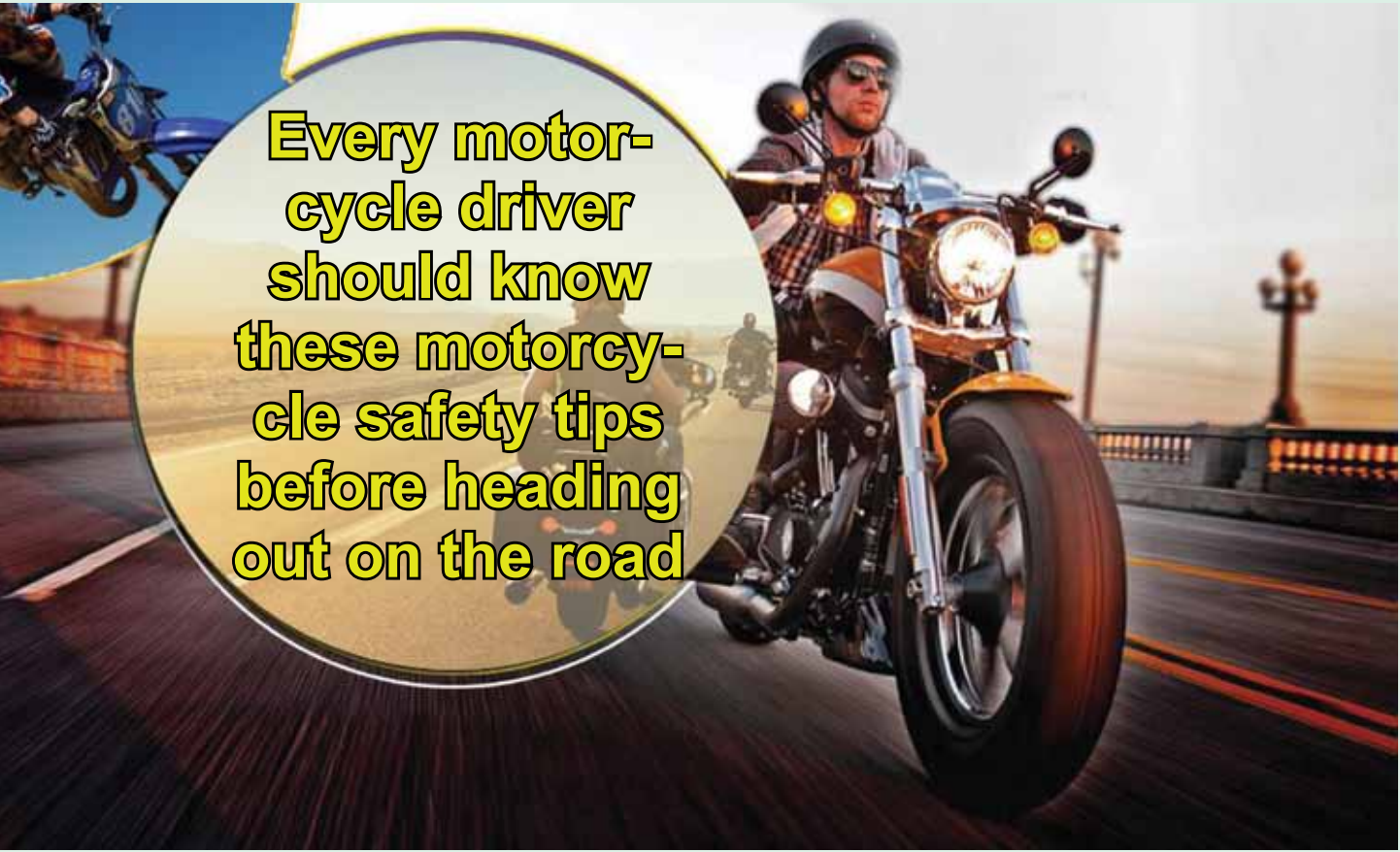
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18 Motorcycle Safety Tips all Riders Should Know



Every motorcycle driver should know these motorcycle safety tips before heading out on the road

Ride according to your skills and ability

With enough skills, a lot of stunts can be done using a motorbike. While some roads may look easy, riders require a lot of practice before they can take on challenging hairpin turns safely.

Take a motorcycle safety course

Most countries require a skills test before getting a bike license, and some also need a motorcycle safety course. Even if your country doesn't require you to take a motorcycle safety class, you should seriously consider it. The course will teach you about the traffic laws that apply to bikes in your state, how to react to emergency situations on a bike and will give you the opportunity to try out your new experiences in a controlled environment.

Get ready to roll!

Before each ride, do a swift walk-around to make sure your horn, light and directional signals are working correctly. Check the belt, chain or shaft and the brakes. Check the tires for wear and make sure they are set at the proper pressure.

Maintain a good speed

Speed limits exist for a reason, and all roads and routes have different ones. Make sure to remain within that limit to dodge dangers. Use basic sense while addressing a report on your speed. If the path is empty and wide without traffic, it is okay to ride at top speed as per the limit set for that road.

Avoid bad weather

The dangers of icy or wet roads multiply when you're on two wheels. When planning a motorcycle tour, monitor the weather first. If rain, snow, or ice is foretold, opt for a different mode of transportation. If you simply must ride in the rain, do not ride right after the storm starts.



Buy the best bike for your riding level

If you are a new rider or took an extended break from riding, you may be amazed by the performance of today's motorbikes. Today's motorbikes are faster and more powerful than they were a few decades ago, so choose the best motorcycle to fit your specific needs.

Get an inspection done

This is one is an essential motorcycle safety tip, and you must not disregard this step whatsoever. Even if your bike is brand new, you must do a basic inspection before each motorcycle trip and go for regular checks even if you are not using it as much.

Always wear a helmet

Pick a full-face helmet that is approved by DOT (Federal Government's Department of Transportation) for the best protection. Modern models are comfortable and lightweight without sacrificing on safety. Be prepared to spend quite a bit on your helmet. You cannot put a price on your life, so it is worth the high cost.

Learn about the weather

This is an essential part of planning your motorcycle ride, especially when you are planning a long distance trip. Monitor the weather forecast not just in your city but everywhere you are traveling to on your motorcycle on that day.

Wear the right riding gear

Those sandals and shorts may be comfortable, but they're a recipe for disaster when riding a motorcycle. If you slide out, your feet are going to be in for a world of pain. And those shorts won't provide your legs with much protection either.

Ride defensively

The gear you wear should provide you with protection from the elements, wind chill, debris, flying bugs and road rash.

Look where you want to go and watch out for road hazards

If you're staring at the curb, you're probably going to hit the curb. Look for clear spots and

look through turns. Keep your field of vision where you wish to go.

Install anti-lock brakes on your bike

Anti-lock brakes (ABS) give a biker full control of the bike's steering when they break abruptly, preventing the bike from rolling or skidding.

Stay in your comfort zone

Know your strengths and make sure that neither your preferred route nor your motorbike is more than you can handle. The more familiar you are with the route, the easier it will be for you to focus and not misplace a turn.

Respect all traffic laws on the road

Most of the accidents that occur on roads are the result of reckless driving and disregard of traffic rules. The latter represent the guidelines on how we should operate on the road and ignoring them puts you at a risk of being involved in an accident.

Find your happy place

Remember: when you are on a motorcycle, you're the only one on the road watching out for you. If your mind and emotions are anywhere other than the road ahead, you're susceptible to executing rookie errors that can end in a crash, injuries or worse.



Educate your passenger

There are certain safety rules that the passenger is sitting behind you must be aware of. Make sure you tell your passenger how to behave while on the road. All he or she is expected to do is to sit tight and not try any stunts that can prove dangerous to both.

Ride in a good mood

Make sure you have had enough sleep and that you are in a good mood, free of any stress and just very happy about going on the road trip. Plan your motorcycle rides only when you are in a positive physical and mental state.

Final notes

Even though motorbikes are generally considered hazardous or unsafe, when the above tips are considered and implemented by motorcycle rider's accidents are less likely to happen. There is a good number of riders out there with years of riding experience that have never been involved in a motorbike accident thanks to their discipline and ethics. Have a safe journey. Always.

50 عاماً
للوطن



نتقدم بأسمى آيات الشكر والعرفان إلى

صاحب السمو الشيخ محمد بن راشد آل مكتوم

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25% drop in traffic fatalities last year in Abu Dhabi

Traffic fatalities in Abu Dhabi decreased 25.125% from 199 to 149 in 2018

Abu Dhabi Police registered 149 deaths and 120 injuries in traffic accidents last year; meanwhile, the number of reports that were registered at Abu Dhabi Police command and control centers rose from 645,000 in 2017 to 1,178,000 in 2018. Police Aviation undertook 1,523 missions, including 24 traffic accident missions and 40 patient transfers to hospitals.



Sharp decline

Abu Dhabi registered a sharp decline in the number of motor vehicle fatalities and major injuries in 2018, compared to 2017, Abu Dhabi Police revealed.

The number of traffic fatalities in the emirate during 2018 decreased 25.125 per cent from 199 to 149, while the number of major injuries declined 19.46 per cent from 149 to 120. Besides, the number of fatalities per 100,000 residents also dropped 26.22 percent from 5.72 to 4.22, while the number of major injuries per 100,000 residents dropped from 4.286 to 3.366 at 21.46 per cent, and the number of deaths from run-over accidents dropped by 38 per cent.

Traffic Safety Strategy

Major General Ali Khalfan Al Dhaheri, Direc-

tor of the Central Operations Sector of the Abu Dhabi Police, said that the decline in road accidents attributes to the success of Traffic Safety Strategy 2016-2020 that was launched in collaboration with our strategic partners the Department of Transport, Department of Municipality and Planning, the Department of Health and the Department of Knowledge."

Unified Standards

Maj. Gen. Al Dhaheri mentioned that Abu Dhabi Police were able to achieve their road safety objectives in 2018 by adopting unified standards in critical areas such as Police aviation, traffic safety, ambulance and rescue services and crisis and disasters management.

In a press conference that was held at the Traffic and Patrols Directorate, Al Dhaheri highlighted the efforts of the Abu Dhabi Police to develop



traffic safety systems and implement proactive plans to counter changing climate conditions by reducing speeds, applying artificial intelligence, spreading patrols, identifying vehicles with expired licenses and monitoring trucks.

Unifying Joint Command

Al Dhaheri also discussed the ADP's key accomplishments, in terms of preparing plans for crises and disasters, as well as its participation in the "Barakah Training," with the aim of unifying command and control procedures and promoting joint operations to deal with emergencies and to provide police services with efficiency and to maintain security and safety for the whole community.

Al Dhaheri also noted a rise in the number of reports that were registered at Abu Dhabi Police command and control centers, from 645,000 in 2017 to 1,178,000 in 2018, while confirming that Police Aviation undertook 1,523 missions, including 24 traffic accident missions and 40 patient transfers to hospitals.

Electronic transactions

The number of electronic transactions made by the public with the Abu Dhabi Police reached two

**Abu Dhabi Police
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intelligence**

million in 2018 compared to one million in 2017 such as those related to traffic violations, taxi permits and driving examinations.

He pointed out that the plan of the Abu Dhabi Police to foresee the future and apply artificial intelligence will ensure that it can implement security measures, according to the best international practices, and make considerable achievements related to preserving security and stability.

Instilling tolerance

Maj. Gen. Al Dhaheri urged drivers to apply values of tolerance in the "Year of Tolerance" in addition to positive cooperation by giving the way for emergency, police and civil defense vehicles and not to drive on the shoulder of the road as well as giving the priority for pedestrian when they use pedestrian crossings and specialized spaces.

He also pointed to the importance of leaving a safety distance, fastening seat belts, and not using the phone while driving, wishing everyone safety and security. He expressed high hopes with the cooperation of all road users to make the UAE roads more safe and secure and to realize the highest traffic safety levels.



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On the occasion of Accession Day

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Driving When You Are Taking Medications

Some Individuals suffering from chronic or non-chronic, which should know taking some medicines which may affect the leadership of their vehicles after taking the drugs, especially that increase drowsiness, has urged doctors need to read the medication prospectus to see complications and side effects, in order to avoid its effects, noting that driving the vehicle immediately after taking certain medications may cause traffic accidents.

And cause antihistamines and pain, insomnia, anxiety and depression in negative effects, most notably dizziness, fatigue, sleepiness, increasing the chance of accidents.

Doctors advised to stand on the complications of medications, and review of the hospital in case of increase, especially in patients who consume

constantly and drive their vehicles on the roads.

The factors that may cause the increased reaction time of the vehicle driver is in fatigue and poor mental state and age, note that the leadership under one of these factors increase the likelihood of traffic accidents, and the resulting ones of loss of life and property.

And it must be on the vehicle commander in the event of his sense of loss of focus, that the ease and speed secure additional space around the vehicle, to compensate for the sluggish reaction.

Note that the antidepressants, sedatives and drugs that contain «codeine», and prescribed drugs to treat anxiety and cold, allergies and pain relievers and diet, is the most dangerous drivers.

Seatbelt

Defining line between life and death

Upon an accident, the body will be pushed forward but the seatbelt will expand to absorb a considerable part of the pushing force



When a vehicle stops abruptly, everything inside it including the driver and passengers will keep on going forward with the same speed as of the vehicle to hit the steering wheel, the windshield or other parts of the vehicle, unless they are fastened to the seats with seatbelts. This is extremely dangerous and could lead to serious injuries or even death.

Limiting movement inside the vehicle

Seatbelts are designed to limit the movement of passengers inside the vehicle as much as possible because upon an ac-

cident the body will be pushed forward but the seatbelt expands to absorb a considerable part of the pushing force and distribute it over a larger area of the body, and that, eventually, will restrict the pushing force and thus, collision inside the car will be less dangerous.

Fastening seatbelts

Despite seatbelts, bruises and injuries might occur, and the reason is wrong way of wearing them. Upon accidents, loose seatbelts will let the body get push forwards little before restricting it, and thus, injuries might occur due to hitting in-

side surfaces of the vehicle.

Therefore, the seatbelt must be tightly fastened and must be placed above the thighs directly, whereas the shoulders belt must be securely placed so that there is a small space enough for the hand to just pass through and must be placed above the collarbone so that it does not be around the neck.

Avoiding body pushing

forward

Experts insist that the seat belt must be fastened tightly in order to be effective in case of accidents and to prevent the body moving forward and Im-



Normal seat belts are suitable for children who are 12 years old and above, whereas children who are below 12 must use other means of protection as an alternative to seatbelts.

pacting any surface inside the vehicle.

Child's alternative belts

Normal seat belts are suitable for children who are 12 years old and above, whereas children who are below 12 must use other means of protection as an alternative to seatbelts.

There are many methods to provide protection. Babies who are too young to sit can be put in a portable crib that can be affixed to the back seat with special belts.

Children 9 months old up to 4 and a half years old must sit in a car seat that is affixed to the back seat in a particular way.

Children between 4 and 12 years old must use their own seatbelts, which are designed for children with small bodies who cannot use normal seatbelts. Such child seatbelts are fastened around the shoulder and above the thighs directly. They do not provide safety only, but make children become accustomed and encouraged to fasten seatbelts from an early age.

Injuries without seatbelts

Passengers in front seats are more susceptible to injuries in case of

accidents followed by the driver himself unless if wearing a seatbelt.

Passengers in the back seat are less susceptible to injuries, despite that, such injuries can be minimized by fastening seatbelts.

Head and chest are the most body parts that might get injured if the seatbelt is not fastened and they are the most parts that can lead to death.

Besides, seatbelts prevent the driver and passengers from ejecting from windows where the chances of death increase two folds at least.

Wrong impression

There is a wrong impression that seatbelts are uncomfortable and limits the movement of the driver and passengers, but the contrary is true, because seatbelts help drivers remain in a suitable position to drive and stop them from feeling tired which is usually a reason for body to relax and having an improper position to drive.

Some also think that seatbelts are necessary only for long trips with high speeds, but the reality is that seatbelts are very important for all trips, whether long or short and regardless of the speed, because accidents are more common inside cities and injuries might happen even with slow speeds. This means that accidents and injuries are not related to the length of the trip or a specific speed and that drivers and passengers must fasten seatbelts at all times.

Keeping children safe from traffic accidents

Before reversing, make sure there are no children behind the car.



Children are more susceptible to accidents due to a number of reasons including their inability to estimate the speed of incoming cars so they rush into the street thinking that cars are still far away.

Besides, due to their small bodies they mostly are unable to spot incoming vehicles from far away so they do not have the time to get off the street or not rushing into it.

In addition, when children are playing they lose focus on everything else and become unaware of any vehicles on the road.

Moreover, children lack the ability to assess things and expect the consequences; thus, they do not realize the dangers

of rushing into the street, even if there is a car approaching.

Despite the warnings and directions parents give to their children concerning their safety on the road, but eventually children will forget or lose focus. We should realize that children are unable to provide safety for themselves and that we are responsible to provide them with such safety as much as possible and to protect them from traffic accidents.

Children safety tips:

- * You should pay much attention to children as you approach them and to be ready to stop at any moment, and when you stop for them to cross, make sure to give them enough time to do that.

- * Children who play by the side of the road usually forget the incoming traffic, therefore you should think carefully and pay attention when you drive along playing children or when you pass through residential areas.

- * When you spot a child running in front of you in the street, you will not be able to predict his/her behavior. Therefore, you should consider all possibilities and to be ready to take the right action in the right time.

- * Despite the fact that children are not allowed to ride bicycles on the road, but as a driver you should not rule this possibility out, especially during holidays or in residential areas. When you pass along a



Keep your children safe and teach them how to be safe in the future

child riding a bike, steer away from him/her as much as possible because you should consider him/her change directions abruptly without warning.

* Pay more attention when driving beside schools, especially during attendance and leaving times because some children cross the street and other walk towards their school. In addition, pay extra attention when the sight is limited during morning fog.

* Before reversing, make sure there are no children behind the car. It is not enough to take a look outside the window, but you should get off the car and take a look around.

* When turning to go into side roads, you should make sure there are no children in the middle of the street. Slow down

when turning and stop to give them the time necessary to back up or to cross safely.

* Make sure that when you walk with a child along the street to hold his/her hand all the time and not to let him/her stray away for any reason whatsoever.

* Children require paying extra attention to provide them safety when in the car. First and foremost, they should sit in the rear seat and to fasten the proper seatbelt. You should remember, in case of an accident, the passenger in the front seat is more susceptible to injuries, whereas the passengers in the rear seat are less likely to sustain any injuries.

* Do not forget to take simple and necessary safety measures such as closing the doors shut

and not allowing the children to play with them, prohibiting them from sticking their hands or heads from the window, and not to stand, jump or, walk around inside the car while moving.

* Children mimic adults usually; therefore, try to be a good role model for them, try to explain traffic rules in simple words and train them how to walk or cross the street. Talk to them about how abiding by traffic rules will provide safety for all road users. Tell them to look at traffic signs and explain to them what they mean and that they must be followed at all times and that it is extremely dangerous not to abide by them.

* Keep your children safe, teach them how to be safe in the future and let us all make sure our children do not fall victim to traffic accidents.

Pedestrian safety and their right-of-way

Drivers must use their brains and think smart when driving inside cities, residential and commercial areas. They must predict the behavior of road users in addition to obeying traffic rules. They also must be diplomatic, assess situations and make sure not to cause any accidents since that would provide safety to all road users including children.

Paying attention

Drivers must pay much attention in areas where there are many pedestrians, especially in crowded streets and residential areas. They must also pay attention to stopping vehicles, particularly school buses.

A driver must give priority to people crossing the street when they use pedestrian crossings; he must slow down and stop completely if necessary in addition to giving indications and using hazard lights to indicate that he is slowing down and stopping to a halt if there is an incoming speeding car closing in behind him.

Driving tips when there are crossing

pedestrians:

- * To give himself more time to stop if the road is slippery thanks to humidity or rain.
- * To give children, elders and people of determination more

time to cross and must always remember that there are people who are not good at hearing and cannot hear the sound of incoming vehicles.

- * Must not give any indication to pedestrians that he has given them the chance to cross, because there is no such signal. It is extremely dangerous to give such indication for them to cross because other drivers may not be aware of his intentions and must leave the matter for pedestrians to assess the situation.
- * To adhere to traffic rules and regulations because that would make everyone aware of what is expected of you.



Image inspired by reality



Enhance security and safety system in the U.A.E.

«Leaving a child alone behind the wheel, without family supervision, imminent danger»

«Security Media Lens»



void Distraction While Driving



Dr. Mikhled Al Hawamdeh
Traffic Institute



"Avoid Distraction While Driving " isn't just a title for an article ; it is a motto for a traffic safety campaign launched by Ministry of Interiors in 2019 . This campaign aims at raising traffic awareness against some negative habits committed by drivers which cause drivers' distraction the thing that endanger themselves and others around.

These bad behaviors such as using mobile phone while driving which results in accessing to internet and social media applications that caused many serious accidents , fatalities , serious injuries and material loss. Also, drinking or eating and repairing tidiness are some of dangerous behaviors that has no less danger than using mobile phone. All these behaviors

cause drivers' distraction from his main role which is paying full attention to reach safely to his destination.

Some drivers with long experience believe that they can do these behaviors while driving easily , but they are unaware that traffic accidents occur in jiffy , particularly when driving at a high speed.

It is worth mentioning that traffic legislations in traffic law stipulate that the above-mentioned behaviors are from traffic fines list , in addition to traffic campaigns delivered by traffic directorates in the state supported by SAAED Society for Traffic Awareness that play a major role in this context.



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